

Assembly idea for the 23rd November 2011 – JUST THIS DAY

1. Introduction to Just This Day
2. Ask children to explain the idea behind Just this Day. Take answers.
3. Children present their expressions on the theme of quiet / still
4. Explain that during lessons we have also been looking at lessons where children have explored what being still and quiet means to them.
5. Individual children (chosen by their Class teachers) present either:
 - a. Their photos of things that make them feel quiet inside
 - b. Their poems about stillness
 - c. Their statues of how it feels to be quiet inside
 - d. Their pictures of where they feel most quiet inside
 - e. We finish with dance displays by different groups of their 'quiet movement' set to the Silent Night song.

Explain itinerary for the day

8:30am	Whole School Assembly	<u>Details as above</u>
10:00am	2 minute quiet time	Everyone in the school is quiet for 2 minutes!
All day	Chill out area for children to benefit from	Children are free to go to the especially designed 'Chill out' room and clock up their stillness minutes

End.