



Introductory Assembly Idea

Objectives

1. Children experience being quiet
 2. Explain the idea behind Just this Day
 3. Explain the room design competition
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1. Children experience being quiet

The Children listen quietly with eyes closed and their heads in their hands to a soothing song. (Silent Night from Love Actually soundtrack is perfect). After the music is over, ask the children to describe how the music made them feel? (Answers will be: "sleepy", "calm", "smooth", etc.)

2. Explain the idea behind Just This Day

- Explain that on the 23rd of November some people have decided that as there is so much noise and stress in the world, we should have one day where people from all over the world decide to be still and quiet. Explain that the organizers want to count up how many minutes of stillness everyone creates together.
- Explain what your school is doing to celebrate the event.
- Explain that a special horn is blown (blow loud horn) at 10 am on the 23rd and everyone in the school stops and becomes still and quiet for 2 minutes.
- So 400 children standing still for 2 minutes. How many minutes is that?
- We are going to turn the assembly hall (or other room) into a place where children can come and be quiet and in doing so clock up their minutes of being still.

3. Explain the room design competition

- We need to create a room that is amazingly peaceful and quiet. So we need you to work together in groups to design the ultimate place to be quiet and still. What will it look like? Show some possible design ideas (Google 'Chill out room' for some ideas).
- We also need you to create a name for the room to go with your design.
- The winning idea will be chosen and the winning design team will help recreate and make it in the school assembly hall on the 23rd November.

Success criteria for the design are:

- ✓ A place for children to be still and quiet
- ✓ Inspiring
- ✓ **Practical!**

(Explain that the design will need to be put up in one evening and not be too expensive (£/€100 budget).

Tell children when they need to have their designs in by.
